

## NEWQUAY ROWING CLUB - FIXTURE LIST 2009

### MAY

Sat 2	<b>WORLD CHAMPIONSHIPS - SCILLY</b>	
Sun 3	<b>WORLD CHAMPIONSHIPS - SCILLY</b>	
Wed 13	Ladies Local	7.00
Thu 14	Mens Local	7.00
Sun 17	Mixed Local	7.00
Wed 20	Ladies Local	7.00
Thur 21	Mens Local	7.00
Sun 24	Mixed Local	7.00
Wed 27	Ladies Local	7.00
Thu 28	Mens <b>DAVEY CUP</b>	7.00
Sun 31	Mixed Local	7.00

### JUNE

Wed 3	Ladies – <b>MICK CHEGWIDDEN</b>	7.00
Thur 4	Mens Local	7.00
Sun 7	Mixed Local	7.00
Wed 10	Ladies Local	7.00
Thur 11	Mens - <b>GARDENER POWELL</b>	7.00
Fri 12	Ladies– <b>BENNETT STRAIGHT RACE</b>	7.00
Sun 14	Mixed Local	
Wed 17	Ladies Local	7.00
Thur 18	Mens Local	7.00
Sun 21	<b>CHILDRENS HOSPICE SW</b>	2pm
Wed 24	Ladies - <b>GEOFF PEARCE</b> (Newquay, Padstow & Port Isaac)	7.30
Thu 25	Mens – <b>INSTITUTE SHIELD</b>	7.00
Sun 28	Mixed – <b>ST GEORGES VETS (40+)</b>	7.00

### JULY

Wed 1	Ladies Local	7.00
Thur 2	Mens Local	7.00
Sun 5	Mixed Local	
Mon 6	Juniors – <b>TIM PASCOE MEMORIAL</b>	6.15
Wed 8	Ladies – <b>WHITE ROSE</b>	7.00
Thur 9	Mens – <b>FC WEST</b>	7.00
Sat 11	Mens – <b>BULLER TROPHY</b>	7.00
Sun 12	Mixed Local	7.00

Wed 15	Ladies Local	7.00
Thu 16	Mens Local	7.00
Sun 19	Mens – <b>MORELAND TROPHY</b>	7.00
Mon 20	Juniors – <b>BASS SHIELD</b>	6.15
Wed 22	Ladies – <b>EGLINTON ROSE BOWL</b>	7.00
Thur 23	Mens Local	7.00
Fri 24	Mens – <b>ATKINSON TROPHY</b>	7.30
	Mens - <b>NEIL MOFFATT MEMORIAL</b> <b>(Cornwall Leukemia Trust)</b>	7.00
Sun 26		7.00
Wed 29	Ladies Local	7.00
Thu 30	Mens Local	7.00

### AUGUST

Sun 2	Mixed – <b>KENNEDY MEMORIAL</b>	7.00
Mon 3	Juniors – <b>HARBOUR RATS</b>	6.15
Wed 5	Ladies – <b>KAREN ELIZABETH</b> Mens - <b>WHITEHOUSE STRAIGHT</b> <b>RACE</b>	7.00
Thur 6		7.00
Sun 9	Mixed Local	7.00
Wed 12	Ladies Local	7.00
Thur 13	Mens – <b>WALKER CUP</b>	7.00
Sun 16	Mixed Local	7.00
Wed 19	Ladies Local	7.00
Thur 20	Mens Local	7.00
Fri 21	Mens – <b>RESERVE ATKINSON</b>	7.00
Sat 22	Ladies – <b>SILVER SALVER</b>	7.00
Sun 23	Mixed Local	7.00
<b>Mon 24</b>	<b>Juniors – TROPHY RACE</b>	<b>6.15</b>
Wed 26	Ladies Local	7.00
Thur 27	Mens Local	7.00
Sun 30	Mixed Local	7.00

### SEPTEMBER

Tues 1	Mens – <b>PETE JULIAN</b> (Novice)	7.00
Wed 2	Ladies – <b>GABRIELLE FLASK</b> (Novice)	7.00
Thur 3	Mens Local	7.00
Fri 4	Mens – <b>SILVER GIG</b>	6.30
Sun 6	Mixed Local	7.00
Wed 9	Ladies Local	7.00

Thur 10	Mens Local	7.00
Sat 12	<b>LADIES COUNTY CHAMPIONSHIPS</b>	
Sun 13	<b>LADIES &amp; U16 COUNTY CHAMPIONSHIPS</b>	
Wed 16	Ladies Local	7.00
Thur 17	Mens Local	7.00
Sat 19	<b>LADIES VISIT SCILLY</b>	
Sun 20	<b>LADIES VISIT SCILLY</b>	
Wed 23	Ladies Local	7.00
Thur 24	Mens Local	7.00
Sat 26	<b>MENS COUNTY CHAMPIONSHIPS</b>	
Sun 27	<b>MENS COUNTY CHAMPIONSHIPS</b>	

### OCTOBER

Sat 3	<b>MENS VISIT SCILLY</b>
Sun 4	<b>MENS VISIT SCILLY</b>

#### General

Mondays - Juniors  
Tuesdays – Novices (Mixed)  
Wednesdays – Ladies Local Racing  
Thursdays – Mens Local Racing  
Sundays – Mixed Local Racing

#### Care and use of the Gigs

1. Gigs should be lifted by the gunnels and not dragged down the beach.
2. You should never step into a gig unless it is properly afloat as this can damage it.
3. Please approach the beach slowly because hitting the beach at speed can damage the gigs.
4. Pins should be removed on the beach and when pulling the gigs up the beach, you should hold onto the gunnels and never push on a pin.
5. The gig should be hosed down with fresh water and sponged out before being put away.
6. When putting the gigs away, the boat should be lifted onto the ground, supports should be slid in under the bow and stern and a trig should be slid under each side so that the gig is even keel.
7. Please check seat supports are in place before sitting down. These should not be removed to fit stretchers.