

AWAY RACES - CPGA/WPGA 2024

(please check the CPGA website for any updates)

3 March	Three Rivers - Caradon
16 March	Portlock West
30 March	Dart
3 - 5 May	WORLD CHAMPS IOS
18 May	Zenno
25 May	Weymouth
1 June	Burnham-on-Sea/ St Goran
8 June	Mounts Bay/ London Cornish/Swanage
15 June	Exmouth/ Falmouth/ Ilfracombe
16 June	Salcombe
22 June	Mevagissey
23 June	U14 CHAMPIONSHIPS - HAYLE
29 June	Affinity/ Bridport/ Porthleven/ Rock
6 July	VETERANS CHAMPS - BRIXHAM
7 July	Brixham
13 July	MIXED CHAMPS - CARADON
14 July	NEWQUAY U16 CHAMPIONSHIPS
20 July	Cattewater/ Langstone/ Cadgwith
21 July	Devoran
27 July	Coverack/ Rame
28 July	Torridge
10 August	Lyme Regis
17 August	MASTERS CHAMPS - PAIGNTON
18 August	Paignton
24 August	Fowey/ Poole
25 August	Poole
31 August	Clovelly
21 Sept	Barnstaple
14-15 Sept	NEWQUAY LADIES CHAMPIONSHIPS
21-22 Sept	NQY LADIES Weekend to IOS
28-29 Sept	NEWQUAY MENS CHAMPIONSHIPS
4-6 Oct	NQY MENS Weekend to IOS
5 Oct	SUPER VETS CHAMPS - SWANAGE
12-13 Oct	RESERVE NEWQUAY CHAMPIONSHIPS
12 Oct	Cotehele Quay

INVITE ONLY LIMITED NUMBER JURASSIC LEAGUE

2024

Dates for your diary

Saturday 17th August - Lifeboat Day
Sun 22nd December - Carol Singing 8/8.30pm
Wed 1st January - Lunchtime Charity Singing

Tuesday 7th January 2025 - AGM tbc

PLEASE NOTE

Rowing & Social Membership Fees are due by 1st March each year

Rowing Memberships which includes social are re-newable online only

please see our Facebook pages for link
IF NOT A RE-JOINING FEE IS APPLICABLE

NEWQUAY ROWING CLUB

The Harbour, South Quay Hill,
Newquay TR7 1HR
Telephone (01637) 876810
www.newquayrowingclub.com

FIXTURE LIST 2024 NEWQUAY ROWING CLUB

Founded 1921

www.newquayrowingclub.com

Committee enquiries:

committee@newquayrowingclub.com

Rowing enquiries:

rowing@newquayrowingclub.com

Bar/Function enquiries:

bar@newquayrowingclub.com



Officers of the Club:

President	John Bawden
Commodore	Mark Morris
Chairman	Colin Paull
Secretary	Philip Trebilcock
Treasurer	Savannah Rouser
Rowing Secretary	Natalie Trebilcock
Press Officer	Ann-Marie Dale
Race Starter	Wayne Morris
Welfare Officers	Lucy Emmett Jodie Munley Evie Everson

Committee:

K Morris, A. Trebilcock, R. Galloway, D. Ellis

Vice Presidents:

R. A. Adams, Julie Adams

NEWQUAY ROWING CLUB – LOCAL/CUP RACES 2024

MAY

3, 4 & 5th May IOS WORLD CHAMPS

Wed 22	Ladies - MICK CHEGWIDDEN	7pm
Thurs 23	Men's - WHITEHOUSE Straight	7pm

JUNE

Wed 5	Ladies - WHITE ROSE	7pm
Thurs 6	Men's - DAVEY CUP	7pm
Wed 19	Ladies - GEOFF PEARCE (Newquay, Padstow & Port Isaac)	7:30pm
Fri 21	Men's - INSTITUTE SHIELD	7pm
Sun 23	U14 Championships HAYLE	
Mon 24	MIXED KENNEDY MEMORIAL	7pm
Thurs 27	Men's - GARDENER POWELL	

JULY

Wed 10	Ladies - HEADLAND CUP	7pm
Thurs 11	Men's - MORELAND TROPHY	7pm
Sun 14	NEWQUAY U16 CHAMPIONSHIPS	
Sun 21	CHILDRENS HOSPICE SW (Mixed)	2.30pm
Tues 23	Men's - ATKINSON TROPHY	7.40pm
Wed 24	Reserve Men's - ATKINSON TROPHY	8.20pm
Sun 28	U16 Reserve CHAMPS NQY	
Wed 31	Ladies - KAREN ELIZABETH	7pm

Please note all dates/races may still subject to change, please check the Rowing Facebook pages for updates

AUGUST

Tues 6	Juniors - TIM PASCOE MEMORIAL	6.30pm
Wed 7	Ladies - EGLINTON ROSE BOWL	7pm
Thurs 8	Men's - F C WEST	7pm
Fri 9	SILVER GIG CREWS <i>published</i>	
Sat 17	LIFEBOAT DAY	
Sat 17	Men's - WALKER CUP	2.30pm
Sat 24	Juniors - SILVER PADDLE	5pm
Sat 24	Ladies - SILVER SALVER	6pm
Sat 24	Men's - SILVER GIG	7pm
Tues 27	Juniors - HARBOUR RATS	6:30pm
Thurs 29	Mixed VETS - ST GEORGE'S CUP	7pm

SEPTEMBER

Sun 1	Men's - NEIL MOFFATT	7pm
Mon 2	Ladies - GABRIELLE FLASK (Novice)	6:30pm
Mon 2	Men's - PETE JULIAN (Novice)	7pm
<i>Novices will be mixed if not enough for 2 races</i>		
Tues 3	Juniors - BASS SHIELD	6.30pm
Sat 7	BULLER CUP	5pm
14 & 15	LADIES COUNTY CHAMPIONSHIPS	
Tues 24	Juniors End of Season Party	6pm
21 & 22	LADIES VISIT to SCILLIES	
28 & 29	MEN'S COUNTY CHAMPIONSHIPS	

OCTOBER

4, 5 & 6	MEN'S VISIT to SCILLIES
12 & 13	Reserve County Championships

Mondays: Novice Rowing 5.30pm to 7.30pm
£5 a session for non-members
Mixed Local Race 7.30pm

Tuesdays: Junior Rowing (Mixed) 5:45pm to 7:15pm
£10 Annual Junior Membership
Under 21's 7.15pm onwards

Wednesdays: Intermediate Rowing 5.30pm to 7pm
Ladies Local Race 7pm

Thursdays: Intermediate Rowing 5.30pm to 7pm
Men's Local Race 7pm

Local & Cup Races are open to rowing members (see FB for start dates). Novices can have one trial race before paying full membership (£120 & £30 students U21 both include social membership). Please sign your name up in the gig shed no later than 15 minutes before the race. *Please note that some cup races are picked in advance please see noticeboard.*

See Newquay Rowing Club website or 'like' our Facebook page for news & updates.

Care and use of the Gigs

- Gigs should be lifted by the gunnels & not dragged down the beach.
- You should never step into a gig unless it is properly afloat as this can damage it.
- Please approach the beach slowly because hitting the beach at speed can damage the gigs.
- Pins should be removed on the beach & when pulling the gigs up the beach, you should hold onto the gunnels & never push on a pin.
- Remove the bung coming up the beach, drain & sponge out before putting away.
- When putting the gigs away, the boat should be lifted onto the ground, supports should be slid in under the bow & midships & 2 trigs should be slid under each side so that the gig is even keel.
- Please check seat pillars are in place before sitting down & these should not be removed to fit stretchers.